

Metro Proud!

At Metro Volleyball Club we are proud of many things!

We are proud of our coaching staff. They are dedicated and working as a team to grow the sport of volleyball in the tristate area. They are focused on personal growth and continuous improvement, for both players and themselves. Our staff is committed to providing overall player development in a fun and friendly atmosphere while, also challenging to reach new heights.

We are proud of our approach, focusing on a balance of training. Our program combines mental, physical, nutritional and skill development with a hearty compliment of exposure to competition.

We are proud of our players, both new and old! We celebrate their successes both on and off the court and wish only the best for their futures. Whether you played with Metro Volleyball Club for many seasons, only a few or even for only one season, you are always a part of the Metro Family and are treated as such.

We are proud of our commitment to the communities of the tristate area and will continue to look for ways to give back through service.

We are proud of the transparent and non-confrontational approach in which we choose to run our business. We understand players and parents have a choice, which we understand is a good thing. We take pride in the fact that many players call Metro Volleyball Club home, but also understand when someone feels another club or change will be better for them.

We are proud to have served the tristate area for the last ten years and look forward to doing so for many years to come.

Our commitment is unwavering!