

Metro Volleyball Club

Recruiting General Tips:

1. Target schools of interest - cast a wide net.
 - a. Contact any schools that meet your criteria.
 - i. Distance from home, geographic area, academic majors etc.
 - ii. Have target, stretch, and fall back schools (both athletically & academically).
 - b. Don't discount or ignore DII, DIII, NAIA, NJCAA opportunities – there is more out there than DI.
2. Communicating with Coaches:
 - a. Fill out each schools "Prospective Athlete" form (usually found on their team page).
 - b. Personally email coaches, don't have mom and dad do it for you!
 - i. Coaches like to know they are engaged with the actual player.
 - c. Personalize your emails.
 - i. Use the coaches name (make sure you have the correct name and spelling).
 - ii. Why you like that particular school or program etc.
 - d. Include video clips or links with email.
 - i. Keep videos short (clips 1-2 minutes, videos 3-5 minutes).
 - ii. Put your best plays at the beginning of any video.
 - iii. Video doesn't need to be elaborate, it just needs to highlight your skills.
 1. Make sure you are easily identifiable in the video.
 - iv. Have a video of a full set available in case a coach/school requests it.
 - e. Provide your Club Tournament Schedule in emails.
 - f. Include club contact info in all communication. (thadb@metrovolleyball.club)
 - g. You should reach out more than once to any schools of interest.
 - h. There are rules on how, when, and where coaches may contact you directly. They vary by division and are constantly changing.
3. Showcases:
 - a. Plan to attend 1 or 2 showcases each year.
 - b. Review the list of registered coaches and contact those of interest (see #2) letting them know you will be at "xyz" showcase.
 - c. Don't put negative pressure on yourself at showcases, enjoy the game and let the process take care of itself.
4. Tournaments:
 - a. You won't always know when a prospective coach/school may be watching you. You are always "on-stage" and in a "job interview". That doesn't mean put pressure on yourself or to not be genuine. It does mean enjoy the game, be a good teammate, display good sportsmanship etc.
 - b. Parents – Coaches are watching you as well, evaluating the dynamic and fit for their school.
5. Know that more athletes are assisted by academic scholarships and grants than by athletic scholarships.
 - a. Coaches have options outside athletic money, your school work and test scores are important!
6. Coaches have a general projection of their needs by each graduating year.
 - a. If you don't hear back from a school of interest, don't sweat it, keep working.
 - b. Coaches receive hundreds of emails each week/month depending on school and time of year.
 - c. There are typical recruiting timelines by division, but there are always exceptions.
 - d. Feel free to contact schools until such time they indicate they are not interested .

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Eligibility Centers:

NCAA Eligibility Clearinghouse: Division I and Division II (also Division III):

www.eligibilitycenter.org

NAIA Eligibility Center:

www.playnaia.org

NJCAA Eligibility:

www.njcaa.org/eligibility/index

Recruiting Services & Websites:

University Athlete (UA) – www.universityathlete.com

- Free to athletes – college coaches pay for access to tournament rosters

Next College Sports Athlete (NCSA) – www.ncsasports.org

- Both free and paid options (various levels) – used by coaches at all levels to varying degrees

Be|Recruited (BR) – www.berecruited.com

- Both free and paid option (reasonable price) – Used by many DII, DIII, NAIA & JNCAA Coaches

Recruiting Showcases & Combines:

Southern Volleyball Showcase – Atlanta, GA – 12/2/17

<http://southernvolleyball.com/showcases/showcase/>

Team Indiana Showcase – Indianapolis, IN – 12/3/17

<https://www.teamindianavolleyball.com/team-indiana-showcase/>

Kansas City MLK Recruiting Combine – Kansas City, MO – 1/12/18

<https://www.eventbrite.com/e/2018-kc-mlk-tournament-combine-registration-37358580520>

Route 66 Recruiting Combine – Springfield, MO – 1/26/18

<https://www.eventbrite.com/e/2018-route-66-volleyball-recruiting-combine-registration-37358864369>

Central Zone College Showcase – Indianapolis, IN – TBA (probably 2/2/18)

http://www.capitalsportscenter.com/csc/cz_invite.html

STL President's Day Recruiting Combine – St. Louis, MO – 2/16/18

<https://www.eventbrite.com/e/2018-stl-presidents-day-volleyball-recruiting-combine-registration-37358757048>

Ultra-Ankle Bluegrass College Showcase – Louisville, KY – TBA (probably 3/9/18)

<http://www.ovvc.com/showcases.html>

MEQ Volleyball Recruiting Combine – Indianapolis, IN – 3/22/18

<https://www.eventbrite.com/e/2018-meqs-volleyball-recruiting-combine-registration-37358892453>